

Maryland State Organization

DKG Maryland State News

Spring 2023 Volume 86 No. 1

DKG MD State Convention Offers a Variety of Workshops and Activities

Janey Snyder, Alpha, DKG MD 1st Vice-President

It is time to have some fun with DKG sisters and complete Society Business at the DKG MD State Convention in College Park. The state officers, committee chairs, Delta, Theta, Iota, Rho, and Upsilon Hostess Chapters are looking forward to greeting you and presenting a great convention for our members and their guests. Friday night opens with a short welcome from the State President, followed by a sing-along with your DKG sisters, a Trivia Night, and ending with some time to socialize. There will be additional music throughout the weekend led by the DKG MD State Music Committee.

Saturday morning there will be a business meeting, followed by a luncheon during which our International quest, Patricia Woodley, Business Services Administrator, will bring greetings Also at the luncheon, the from International. Scholarship Committee award five scholarships to five DKG MD members, and the Chapter Support Committee will give out Chapter Achievement Awards. In the afternoon, participants will have a choice of attending two of four workshops. At the Saturday evening banquet, the officers for the 2023-2025 biennium will be installed, participants will meet the new state president who will offer a brief message to all.

During the weekend, the Women in the Arts exhibit will be open at varying times. Any member is free to bring an item for the exhibit: needlework, photographs, paintings, crafts, etc. There will also be a silent auction. We are asking chapters and individual members to bring an item or a basket for the auction. Proceeds from the auction will benefit the Emergency Fund and the DKG MD Available Fund. Check the website (DKGMD.org) for the flyers for the silent auction and Women in the Arts exhibit entries.

Sunday morning, please attend the Celebration of Life service as we honor those members who have passed during the last four years.

HOTEL RESERVATIONS: The College Park Marriott Hotel and Conference Center is located at 3501 University Blvd. E, Hyattsville, MD 20783. Reservations can be made by calling 1-800-228-9290. If you prefer to register online, a direct link was sent to chapter presidents. Room rates vary from \$149 (king room) to \$189 (2 queen beds). Taxes are additional. Book at these rates through March 16, 2023. After that time, rates may change. Come and enjoy a great convention!



President's Message

Dr. Marilyn Keane, Upsilon, DKG MD State President

Goodbye, winter, and hello, spring!!! There was not much snow this winter. I am still waiting for my snow day. Oh well. I guess I will be waiting a little bit longer.

The arrival of spring also signals the upcoming Delta Kappa Gamma Maryland State Convention. Please join us for this celebration in which we end the biennium and welcome the new Executive Board members who will begin their time in office July 1, 2023. *Janey Snyder*, Alpha, and her committee consisting of Iota, Upsilon, Theta, and Rho have been very busy planning each day's events.

Friday evening's highlights will include a sing-along followed by a game of trivia. On Saturday, our state business meeting will be conducted, scholarships will be presented, and workshops will be held. The workshops will focus on membership, wellness, crafts, and genealogy. All of this will be followed in the evening by dinner, with introductions of the current chapter presidents and past state presidents, and the initiation of state officers. Sunday morning will conclude with the Celebration of Life and a light breakfast.

Chapter and member involvement during the convention is half the fun. If you have created, built, sewn, painted, photographed, or done anything crafty, it is your time to highlight your talents in the Women in the Arts display. Chapters and/or individuals also have the opportunity to contribute to the silent auction, with proceeds going to the International Emergency Fund and Maryland State Available Fund. Please remember to send in the Women in the Arts flier, silent auction details, and your registration form—the earlier the better. This newsletter is packed full of information about the convention, so please be sure to read through each piece.

It is very hard to believe I only have a few more months left of my biennium. I am looking forward to visiting Tau, Delta, and Nu this spring. This part of "my job" is the most enjoyable.

Happy Spring, Marilyn



Maryland State Organization

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Second Vice-President

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Visit our website at https://www.dkgmd.org

DKG MD State Convention Workshops, April 14-16, 2023

Janey Snyder, Alpha, DKG MD 2nd Vice President

The DKG Maryland State Convention will offer workshops on Saturday afternoon after lunch. The first three workshops will be offered each session. Two workshops will be presented by our International guest, and she will offer one workshop each session. Be sure to sign up for workshops on the registration form. Registration forms will be available through your chapter president. If you did not receive a registration form, please contact your chapter president, or send a message to *Janey Snyder*, 2nd Vice-President. Janey's contact information: Email: janeysnyder1@gmail.com or cell: 410-746-1751.

Make It, Take It: Card Making

Mary Louise (Weezie) Carey and Yvonne Babcock, Alpha Delta

Cost: \$10.00



Have you ever wished that you could make your own cards? You will be given the opportunity to create several cards with detailed guidance from the leaders. Feel free to make a **request** to attend both sessions to make three additional cards. Attending twice will be available only if there is additional space in the workshop. The cost of **\$10** includes all materials needed to create **three cards**. (The cost for **two sessions** totals **\$20** for creating **six cards**.)

Create Your Family Tree: An Introduction to Family History Research Carol Miller-Schultz. Pi

No Fee





Come prepared with your ancestors' names, birthdates, locations, and death dates. You will create a family tree, beginning with yourself and working back through your direct bloodline. **Please bring a pencil**.

Mental Wellness Through Self-Care

LaTanya K. Eggleston, Omega

Cost: \$10.00



Self-care means taking the time to do things that help you live well and improve both your physical health and mental health. When it comes to your mental health, self-care can help you manage stress, lower your risk of illness, and increase your energy. Even small acts of self-care in your daily life can have a big impact. You are invited to join DKG sister and NAMI Board member, Coach LaTanya Eggleston, in taking action to enhance your quality of life.

The cost of the workshop includes a self-care kit. Additional products and services will be offered to attendees for an additional fee. Additional self-care kits will be available for purchase by any attendee of the convention even those who have not attended the workshop. Everyone is also invited to participate in a DKG Walk Team for NAMI (National Alliance on Mental Illness) Walks Maryland "Mental Health for All" 2023.

Navigating the DKG Website

Trish Woodley, Delta Kappa Gamma Society International Membership Director No Fee

> Come and learn how to navigate the redesigned DKG website. Attendees will leave this workshop feeling comfortable going to the DKG website and locating information.

Recruiting and Retaining Members

Trish Woodley, Delta Kappa Gamma Society International Membership Director No Fee



Discuss strategies to recruit and retain members. Attendees will leave this workshop with several approaches to recruit and retain members.

International News

Building the Next DKG Slate of Nominees Begins with YOU

Your invitation to DKG membership highlighted your leadership. Are you ready to apply for an elected position at the international level, or can you encourage another member to do so?

Applications will be accepted by the International Nominating Committee (INC) in summer 2023. The time to plan and recruit is now! You, as a DKG member, may self-nominate or nominate another DKG member. Leadership in our organization is key to our future, so please give careful consideration to this important task.

All qualifications and recommendations for applicants for each position are listed in the International Standing Rules (ISR) 8.82.f. These are the *only* qualifications considered when the INC evaluates the applications.

Please ignore commonly assumed rumors. Applicants need not have. . .

- Earned a doctorate
- Attended the Leadership Management Seminar (Ignite)

- Participated in a prescribed number of international conferences/conventions
- Held a certain number of specific state positions
- Been a member for a minimum number of years.

The duties and responsibilities of the elected INC members are outlined in the Constitution Article VIII Section B.8.b. INC members MAY NOT. . .

- Recruit applicants
- Assist applicants in any way with the application process
- Discuss any application with anyone other than another INC member
- Support or advocate for any nominee in any way.

Act now! Evaluate your interests and skills with the qualifications listed in SR 8.82.f noted above.

Guidelines and applications will be posted on the DKG website in May 2023.

State News: 2023 - 2025 Slate of Officers

Meet the Candidates

Sue Capron and Jane Smith, Nominations Committee

The Nominations Committee is proud to introduce a highly qualified slate of candidates for executive office in DKG MD for the 2023-2025 biennium. Voting will take place this year at the state convention business meeting on Saturday, April 14, 2023. You must be registered for the convention to vote. Nominations will be accepted from the floor during the convention business meeting. If you wish to nominate someone, please seek the candidate's approval beforehand, and be prepared to present a brief biography of the candidate.

Candidate for President: Sally Nazelrod, Xi

DKG Membership: 12 Years

Current Position: First Vice-President of DKG MD



Professional Experience: Worked 42 years in Baltimore County Public Schools as a Physical Education Teacher, Assistant Principal, Specialist, Supervisor and retired as Coordinator of Health and Physical Education. She served as Executive Director of SHAPE MD from 2015 to 2019, Supervisor of Student Interns at McDaniel College from 2015 to 2020.

Current Role: President of Eastern Seaboard Region of NAHPL and National Co-chair of Professional Development for NAHPL

Educational Background: B.S. in Health and Physical Education, Master's Degree in Education plus 60, Administration and Supervisor Certification

DKG Experience: Chapter: Sally is currently Xi treasurer and involved in the Baltimore County Tri-Chapter Coordinating Council, past president of Xi Chapter for two terms, and active on many Xi committees.

DKG MD: Committee involvement in Educational Excellence, Leadership Development, State Convention Planning Committee Chair 2021, and Program of Work 2022. She regularly attends all state workshops, conferences, and conventions. She presented programs at state workshops: The Colors of Leadership and Fitness Workshops and presented programs at other chapters throughout the state. She attended DKG International conferences in 2019 and 2022.

Candidate for First Vice-President: Janey Snyder, Alpha

DKG Membership: 32 Years

Current Position: Second Vice-President of DKG MD



Professional Experience: Taught high school mathematics in Baltimore County Public Schools from 1974-2005 and at The Catholic High School of Baltimore from 2005 to 2010.

Educational Background: B.S. in Secondary Education, Master's Degree in Education, 60+ Credits Continuing Education.

DKG Experience: Janey is currently treasurer of Alpha Chapter, past president for a total of seven years (not served consecutively) and was also vice-president and Finance Committee chair.

DKG MD: Recording Secretary 2007-2011, Treasurer 2011-2017. Janey has been on the Leadership Development Committee since 2007. She also served on the Convention Committee while treasurer. She has been on the Finance Committee for many years, serving as chair from 2003-2007 and from 2018-2021. Janey has enjoyed attending numerous society workshops, state conventions and Leadership Development Conferences. Janey was a member of the Steering Committee for the 2015 Northeast Regional Conference from 2013-2015. She attended Northeast Regional Conferences (Hershey, Burlington, Portland, and Baltimore), and International Conventions (San Diego, Chicago, New Orleans).

Candidate for Second Vice-President: Dr. Terry Showers, Lambda

DKG Membership: 10 Years

Current Position: Recording Secretary of DKG MD



Professional Experience: Taught at the middle and high school levels in Prince George's County Public Schools and Howard County Public Schools; Secondary Science Resource Teacher in Howard County Public Schools and Anne Arundel County Public Schools; Middle School Administrator and worked on Special Assignments for the Deputy Superintendent in Anne Arundel County Public Schools.

Current Role: Educative Teacher Performance Assessment (edTPA) Program Coordinator and a Field Intern Supervisor, Bowie State University

Educational Background: B.S. in Biology, Master of Science in Community Health Science, Doctorate in Educational Leadership, Administration I and II License

DKG Experience: Chapter: Past president of Lambda Chapter for five years, and active involvement in many chapter committees: Standing Rules, Historical Records, World Fellowship, Communication, Personal Growth and Services, and Scholarship Committee chair.

DKG MD: Served as chair of Bylaws Committee; member of Educational Excellence, Strategic Action, and State Convention Committees, presented at and attended state workshops. and has written articles for DKG MD News. Terri has attended regional conferences and international conventions. In 2019, Terri presented at the International Conference in Iceland.

Candidate for Recording Secretary: Jean Marie Hofstetter, Omega

DKG Membership: 36 Years

Current Position: State Scholarship Committee Chairperson of DKG MD



Professional Experience: Worked 40 years in Anne Arundel County Public Schools as a Special Education Teacher, Resource Teacher and Elementary Principal; Taught Administration/Supervision courses at Goucher College, served five years as Internship Supervisor, Coordinator of Field Placements.

Current Role: Academic Advisor at Notre Dame of Maryland University

Educational Background: B.A. in Elementary Education, Master's Degree in Special Education, Administration and Supervision Certification

DKG Experience: Chapter: Currently Omega Membership Committee chairperson, served eight years as past president of Omega Chapter, former Scholarship Committee chair.

DKG MD: Scholarship Committee chair for ten years, Jean Marie regularly attends all state workshops, conferences, and conventions. She has also attended several Northeast Regional Conferences.

Committee News

World Fellowship Update

Laura McClelland, Omicron, World Fellowship Chair



DKG MD sisters helped piece together the facts about World Fellowship at the Program meeting in November. Cards were distributed with the steps to follow to gain access to the recipients for this year. We are thankful to the sisters who are writing to these recipients. It is amazing how a little note can brighten their day. Contributions made by MD chapters to World Fellowship from July 1, 2021 to November 1, 2022 total \$4,071.89. Thank you.

The members of the World Fellowship Committee are: **Ashley Doyle**, Upsilon; **Laura McClelland**, Omicron; **Florence Saku**, Eta; **Rebecca Taylor**, Beta; **Carla Swearman**, Alpha Alpha; and **Marilyn Keane**, Upsilon, State President, Ex-Officio

Strategic Action Plan Committee Looks to the Future

Cheryl Townshend, Omega, Strategic Action Plan Committee Chair

The Maryland State Organization Strategic Action Plan Committee submitted an initial plan to the Executive Board four years ago. Since that time, reviews and dialogues have taken place as changes have been implemented and action plans suggested to chapter presidents and committee chairs. This review and dialogue will occur again as the biennium of a new president begins in July. Ongoing and continuous planning, sharing, and evolving are paramount to the future growth and livelihood of DKG Maryland. The rapid growth and change by which culture and the world of education morph must motivate both members and leaders alike to take the ideas of life-long learning to new levels and arenas of engagement. No longer can the state wait to embrace professional and generational changes confronting its membership. We must be prepared and forward-looking in order to maintain a sense of urgency to ensure our existence well beyond the 100th anniversary of the International Society in 2029. DKG Maryland turns 100 in 2037. It is now 2023. We have a little more than a decade to put ideas in place, test and hone them so that these advances honor educators from numerous fields and all generations. We are not looking for perfection; we are seeking progress.

The DKG Strategic Action Plan Committee has attempted to articulate the Maryland members' vision for the future as they contemplated the needs that were expressed through various reports and verbal exchanges. We acknowledge that there will be challenges, as well as opportunities. Although the purposes, mission, and vision expressed within the plan remain constant, the plan provides a GPS that expresses where we want to be, not where we are. The plan includes goals designed to strengthen the organization by improving the DKG Maryland experience for members of all ages and to ensure the organization's future. In addition, this plan offers initiatives and objectives for consideration.

Members of the committee urge you to continue conversations with us as we design a revised plan for the years ahead. We look forward to putting forth a plan that reflects the input of all members as we continue to *Evolve, Rise, Flourish*!

Cheryl Townshend, Omega; **Yvonne Stone**, Theta; **JoAnn Velton**, Xi; **Rebecca Wilson**, Iota; and **Rebecca Aiken**, Alpha Alpha; **Marilyn Keane**, State President, Ex-Officio

It's Music to My Ears!

Ann O. Campbell, Nu, Music Committee Chair

"Music washes away from the soul the dust of every-day life."

~ Auerbach

Music possesses the quality of transporting us to happier, calmer places whenever we want. Our modern, stressful lives filled with insurmountable problems and worries concerning our health and safety have brought the benefits of music to the forefront of our daily existence. The aforementioned "accumulated dust of every-day life" can quickly dissipate if we turn on the radio to our favorite channel, or listen to songs on YouTube and just relax for a few moments. There are so many musical genres to listen to which offer a variety of styles, tempos, and lyrics helping to feed the soul. Music can elicit various responses: move and dance, recline in place, or possibly sing out loud or hum guietly along. Listening to background music can help people concentrate on a task at hand. It takes one's mind off of those menacing problems, and makes one happier either by listening alone or sharing the music with other people. It is soothing, inspiring and invigorating, so give music a chance and feel refreshed and reenergized!

Science has collected data proving that music can reduce anxiety, lower blood pressure, improve one's mood, and increase memory. Many Alzheimer patients seem to respond positively when hearing familiar and popular music from the generation when they were young and active. Music can produce endorphins which enhance a feeling of well-being and lower stress related cortisol. A quote from a Johns Hopkins' report on the health benefits of music states, " If you want to firm up your body, head to the gym. If you want to exercise your brain, listen to music."

The DKG Maryland State Music Committee composed of **Betty Hepler**, Omega; **Luianne Potter**, Alpha Theta;

Bonnie Nelson, Nu; and **Ann Campbell**, Nu, have worked together for the last several bienniums. We have worked diligently to provide a pleasing musical program for the upcoming DKG Maryland State Convention to be held April 14-16, 2023. Our intent is to help wash away the "dust of every-day life" by including musical selections which originate from several diverse genres and will present a different structure of presentations. For the first time in many years, there will not be a Maryland State Chorus to entertain convention goers, but rather small groups providing vocal and instrumental music. Join us on Friday night, April 14, 2023, for an old-fashioned folk song sing-along!

The next time you feel overburdened or down, turn on some music and let your spirits soar!

See you at the convention in April!

Happy listening!

Chapter Support Committee

Lorraine W. Johnson, Theta, Chapter Support Committee Chair

The Chapter Support Committee is currently assembling information submitted for the Chapter Statistical Report and the Chapter Achievement Award.

We thank those chapters that have submitted this information. If your chapter has not sent in these reports, please email them to Lorraine W. Johnson, Theta, johnson6608@comcast.net, or Joyce Conway, Delta, donjoy5@comcast.net.

Members of the Chapter Support Committee are *Cindy Downton*, Alpha Alpha; *Kihara Dorsey*, Lambda; *Joyce Conway*, Delta; and *Lorraine W. Johnson*, Theta

Chapter News

Alpha Delta's Projects and Presentations

Yvonne Babcock, Alpha Delta Chapter President

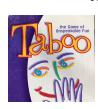
The Alpha Delta Chapter worked to put together toiletries and other essential items for their "Helping Hands" project. This was a community effort, collaborating with students at Stephen Decatur Middle School. Items were gathered, sorted, and put in washcloth pouches by Alpha Delta members, the SDMS Builders Club, Student Government, National Junior Honor Society, and Students Against Destructive Decisions. Once packaged, the pouches were delivered to a local shelter. A good time was had by all, and a collection for next year is already in place.



Shawn Lindsey and Kyle Murray, OCPD Active Killer Response instructors, provided an informative presentation to Alpha Delta at their January business meeting. They shared some of the data trends for active killer events from a historical perspective and how to safeguard against similar situations.

Game On!

Carol Hutzley, Mu Chapter President



What brings out the competitive spirit in a group of DKG sisters? A great afternoon of Taboo! Mu Chapter's February meeting involved a friendly rivalry among "well-schooled" members from an array of subject areas and grade levels. All contenders showed

their cleverness in proposing clues for the group and their prowess in earning cards for correct answers. The final score was nearly tied, but after another round, one clear winner emerged victorious. Congrats to our Wendy Happel! Now, contenders will have fun competing for the title at next year's sisterly rivalry—AKA Game Day!

Omicron Supports Teachers

Maria Shanabarger, Omicron Chapter President



Pictured above are members of the Educational Partnership Committee from DKG, Omicron Chapter. They gathered to assemble goody bags for the teaching staff at a local school, Robert Moton Elementary, in Carroll County. At the start of the school year, teachers at Robert Moton were welcomed with another goody bag containing school supplies from the chapter. Each year members of the Omicron Chapter choose a school in which to support teachers with needed supplies and treats.

Alpha Beta Hosts Social Event

Jeanette Gionfriddo, Alpha Beta President



Cheers! The ladies of Alpha Beta met at the end of January for an amazing social. Our hosts introduced their favorite wines which were paired with complementary foods. The group was invited to take notes on the wines with an

organizer. All learned a little more about some possible future purchases and delicious recipes. We had one of the biggest member turn outs that I can recall. It was nice to gather without the structure of a meeting. This also offered the opportunity to get to know each other better. There were stories and laughter enjoyed by all. Our hosts even provided personalized DKG glasses for all! There were also rumors about the possibility of this becoming a regular event.

White Rose



Sara Margaret Hodge 1933-2022

Sara Margaret Hodge, age 89, died on December 5, 2022. She was born May 25, 1933 in Brunswick, Georgia, to Matthias Minnie Sappenfield, Jr. and Norma Jane Walker Sappenfield. She married David Charles Hodge in Brunswick on June 6, 1957.

Sara Margaret was educated in the public schools of Brunswick, Georgia, and graduated from Glynn Academy in 1951.

Sara Margaret had been involved in music her entire life. She always said she was born on the organ bench as her mother was a church organist and piano teacher who played up to the last moment. Sara Margaret began taking piano lessons at the age of five and went on to major in piano and minor in organ at the Bessie Tift College in Forsyth, Georgia, from which she graduated in 1955 with a BA degree in music with a major in piano. She came to Baltimore to attend the Peabody Conservatory, where she switched from church music to teaching public school music.

To achieve her Master's Equivalence Certificate, she took courses at the Eastman School of Music, Johns Hopkins University, Towson State University, and Texas Technological College.

While at Peabody Conservatory, she took a position as organist at Seventh Baptist Church, where she met and later married David Hodge, whose father was the Minister of Education. While David continued his education, Sara Margaret traveled with him to Japan,

Australia, England, Spain, and France. During this time, she taught music in schools in Woodbine, Georgia, 5th grade and music in Lubbock, Texas, and music in Rochester, New York before settling in Harford County, Maryland, where she taught music at Churchville Elementary School for 39 years until her retirement in 2001.

Sara Margaret was initiated into Tau Chapter, DKG, on April 1, 1971, and was an active member until health issues prevented her attendance at meetings. She served on numerous Tau Chapter committees, predominantly the Music Committee.

In 1982, Sara Margaret was named Maryland Music Educator of the Year. She received many honors, awards, and accolades, including a citation from the governor of Maryland.

Mrs. Hodge served over 50 years as an organist and choir director in Harford County churches, including acting as volunteer choir director at Calvary Baptist Church for 26 years. She retired as organist from Churchville Presbyterian Church in 2017 after serving there for 26 years. Everywhere she went, she was greeted and beloved by those who knew her from schools and churches.

Before going to Forest Hill Heights Senior Living, her hobbies included growing flowers, quilting, and needlepoint, as well as traveling and visiting with friends.

Sara Margaret Hodge was predeceased by her husband, David, in 2017. She is survived by her brother-in-law, Dr. Warren Hodge; his wife, Irene; and a nephew, Wesley Hodge, who all reside in Florida, and a niece, Dana Thrower, who resides in Alabama.

-Brenda Patterson, Tau



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DKG Member Promotes "Mental Health for All"

LaTanya Eggleston, Rho

DKG sister and NAMI Board member, Coach *LaTanya Eggleston*, Rho, invites all DKG sisters to participate in a DKG Walk Team for NAMI Walks Maryland "Mental Health for All" 2023. The power of the mission of NAMI, (National Alliance on Mental Illness) is being felt as never before. "Mental Health for All" has never felt this critical yet this close to being realized.

It's not how far we walk at NAMI Walks Maryland on Saturday, May 20th, 2023, at Rash Field in the heart of downtown Baltimore, but how far we've come to make our milestones count. With your support and high spirits, we intend to make an unprecedented impact on mental health in our community. Consider joining LaTanya's DKG team and walk at Rash Field. If you cannot walk, you may still wish to make a donation at namiwalks.org. LaTanya will be presenting a workshop on self-care at the state convention. Be sure to contact her there if interested in participating in the walk, or contact LaTanya directly at 301-204-1992. You may also join the team online at namiwalks.org and look for the Baltimore site at Rash Field.